

Charlestown | Hopkinton | Richmond | Westerly



# Community Resource Guide



October 2023



# Connecting people. Nurturing wellbeing.

The Wellbeing Collaborative works to empower all residents to nurture their mental wellbeing and achieve positive health outcomes through education and connection.

We created this publication to connect residents to resources and supports local to the Charlestown and Westerly communities.

We used the Social Determinates of Health (SDOH) to guide us in choosing what to include here.

The US Department of Health identifies SDOH as "the conditions in which people are born, live, learn, work, play, worship, and age that affects a wide range of health, functioning, and quality-of-life outcomes and risks." Simply put, where you live plays a significant role in your overall health.

If you would like assistance reaching out to any of the resources in this guide or need support in an area we didn't include, feel free to reach out, and we can work together to find the support you need.

If we missed your organization, please reach out, we'd love to hear about the work you do.

## Social Determinants of Health



Social Determinants of Health Copyright-free Healthy People 2030

## Contact Info:

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 @wellbeingcollab

 [wellbeingcollab.org](http://wellbeingcollab.org)

**This guide was made in part with funding and support from:**



**WOOD RIVER HEALTH**  
Caring for Our Community Since 1976





Connecting people.  
Nurturing wellbeing.

 [wellbeingcollab.org](http://wellbeingcollab.org)

 @wellbeingcollab

We envision a community where all residents are equipped with the knowledge, support systems, and resources to lead healthy lives.

## EDUCATION & ADVOCACY

- School and Community-based evidence based substance misuse prevention programs
- Medication Safety for Active Older Adults
- Prescription Drug Take-Back in collaboration with Police Departments
- Every Body Is Beautiful campaign

## STRONG ARMS support group

Twice monthly, join a group of parent who have lost a child or loved one to opioid overdose, find connection, and inspire hope.

Find meeting dates, meet the facilitator, and more on our website.

## know your NEIGHBOR series

- Community Hikes
- Parent Playground Meet-ups
- Seniors Walking Club
- Board Game Nights and more!



Visit our website for more details about upcoming opportunities to find a connection with local residents

## YOU ARE NOT ALONE Mental Health Resources



Scan this code to access crisis-base, local, & preventative stress reduction techniques

[wellbeingcollab.org/mh](http://wellbeingcollab.org/mh)

# Substance Misuse Prevention

Alcohol

Tobacco

Cannabis

Opioids



[wellbeingcollab.org/prevention](http://wellbeingcollab.org/prevention)

It takes an entire community to prevent substance misuse, use the following resources to learn more about the following:

- Related and recent laws
- Emerging trends
- Quit supports
- Prevention programming

**Count It! Lock It! Drop It!®**



**Locking up medication is the safest way to store medicines at home.**  
Visit [Riprevention.org](http://Riprevention.org) to request a lock bag



**South County Prevention Coalition**  
Member of Rhode Island Regional Coalitions

## Safely Dispose of Prescription Medication

All four police stations have disposal bins for prescription medicines, including controlled substances (like painkillers) and over-the-counter medications.



# Crisis Support and Hotlines

## 988 Suicide & Crisis Lifeline

24/7 Call or Text 988 Web: [bhlink.org](http://bhlink.org)



Calling 988 connects you with a Rhode Island-based mental health professional who can help with thoughts of suicide, mental health crisis, substance use crisis, and any other emotional distress. You can call during your own mental health crisis, or worried about a loved one who is struggling.

## Kids' Link Rhode Island

24/7: 1-855-543-5465 Web: [lifespan.org/centers-services/kids-link-ri](http://lifespan.org/centers-services/kids-link-ri)



Kids' Link RI™ is a behavioral health triage service and referral network. A program offered in collaboration with Gateway Healthcare, Lifespan, Hasbro Children's Hospital and Bradley Hospital, Kids' Link RI is available 24 hours a day, seven days a week to help triage children and youth in need of mental health services and refer them to treatment providers.

## Domestic Violence Resource Center of South County

61 Main Street, Wakefield, RI 02879

24/7 Hotline: 800.494.8100 Web: [dvrsc.org](http://dvrsc.org)

Local Hotline: 401.782.3990 Office: 401.782.3995



DVRC provides a comprehensive range of services for victims of domestic violence and their children, including a confidential Safe Home, Transitional Housing and Permanent Supportive Housing units, a Helpline & Drop-In Center, Support Groups, One-on-One Counseling and Court Advocacy.

## Alcoholics Anonymous Rhode Island

24/7: (401) 438-8860 Web: [rhodeisland-aa.org](http://rhodeisland-aa.org)



Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

## Hope Recovery Community Center of Washington County

55 Beach St #4, Westerly, RI 0289

401-598-6400 Web: [hoperecoverycenter.org](http://hoperecoverycenter.org)



Individual peer recovery services by phone and in person in the center or community to support steps towards recovery and wellness; daily virtual and in-person mutual aid meetings and support groups; ongoing public awareness events and training opportunities.

# Healthcare



**WOOD RIVER HEALTH**  
Caring for Our Community Since 1976

## **Wood River Health**

**823 Main Street, Hope Valley, RI 02832 (401) 539-2461**

**11 Wells Street, Westerly, RI 02891 (401) 387-9611**

**[woodriverhealth.org](http://woodriverhealth.org)**

Wood River Health is dedicated to providing high-quality affordable medical, dental, behavioral, and social support services to patients of all ages. Express Care, pharmacy and lab services are offered on site at Hope Valley. Community Resources, a WIC (Women, Infant and Children) Program and a Sliding Fee Scale is available to eligible patients. They are welcoming new patients.



## **Thundermist Health Center of South County**

**1 River Street, Wakefield, RI 02879**

**(401) 783-0523 | [thundermisthealth.org](http://thundermisthealth.org)**

Thundermist Health Center of South County serves medical and dental patients but also has an expanded set of services, including Convenient Care (Thundermist's Walk-In Medical Service Center), behavioral health counseling, and pharmacy assistance and social services.



**Gateway Healthcare**  
*Lifespan. Delivering health with care.®*

## **Gateway Healthcare - South Shore Center**

**4705 Old Post Rd, Charlestown, RI 02813**

**(401) 364-7705 | [Lifespan.org](http://Lifespan.org)**

Gateway Healthcare provides treatment, intervention and prevention services to adults and children of all cultural and economic backgrounds with behavioral and substance abuse issues, through its residential, outpatient and community-based programs. With numerous locations across the state, Gateway Healthcare delivers services to thousands of Rhode Islanders each year.

## **Westerly Hospital**

**YaleNewHavenHealth**

## **Westerly Hospital - Yale New Haven Health**

**25 Wells Street, Westerly, RI 02891**

**(401) 596-6000 | [Westerlyhospital.org](http://Westerlyhospital.org)**

For more than 90 years, Westerly Hospital has been providing residents of southern Rhode Island and southeastern Connecticut with a full range of inpatient and outpatient services in a community hospital setting. Patients receive treatment in the following areas of care: emergency care, heart and vascular, medical, surgical, radiology, laboratory, rehabilitation services.

# Food Assistance

## **RICAN - Rhode Island Center Assisting Those in Need**

**805 Alton Carolina Road (Rt 91,) Charlestown, RI**

**Phone: (401) 364-9412 Web: [rhodeislandcan.org](http://rhodeislandcan.org)**



RI Center Assisting those in Need (RICAN) is dedicated to providing food, clothing, and other vital support to neighbors in crisis. They also have a thrift store that helps support the food pantry. Donations are welcome.

RICAN offers weekly drive-thru and in-person shopping options several times a week. Call or check their website for days/hours.

## **PANTRY ON THE LANE**

**70 Bowling Lane, Bradford, RI**

**Phone: (401) 465-7745 Web: [www.joyfellowshipri.org/food-pantry-on-the-lane.html](http://www.joyfellowshipri.org/food-pantry-on-the-lane.html)**



A weekly food pantry in Bradford, Rhode Island for Bradford and surrounding towns as well as any in need. Open for in-person shopping on Saturday mornings.

Check Facebook for updates @pantryonthelane

## **JONNYCAKE CENTER OF WESTERLY**

**23 Industrial Drive, Westerly, RI 02891**

**Phone: (401) 377-8069 Web: [jonnycake.org](http://jonnycake.org)**



Jonnycake Center offers a monthly food distribution to qualified residents. You must sign up to be a client. The Jonnycake Center has a large thrift store and offers many other social service supports.

Call or visit their website for details.

## **Project Hand Up**

**15 Factory St, West Warwick, RI 02893**

**Phone: (401) 965-9050 Web: [projecthandup.net](http://projecthandup.net)**



While not local, Project Hand Up serves all Rhode Island residents with no requirements. They are a weekly independent food supplement program providing food so residents do not have to choose between eating and paying bills.

For a \$6.00 donation to their organization, you will receive roughly \$200 worth of groceries or more.

Visit their website for details, days, and times of distribution. .

# Housing



## **WARM Center of Westerly**

**56 Spruce Street, Westerly, RI 02891**

**Phone: (401) 596-WARM (9276) Web: [warmcenter.org](http://warmcenter.org)**

The mission of the WARM Center is to “provide a continuum of care and service to the homeless and needy by providing affordable housing and assuring supportive services, and to help the homeless and needy build self-esteem and move toward independent and responsible living.”



## **Emergency Housing Assistance | United Way 2-1-1**

**Phone: Dial 211 Web: [unitedwayri.org/get-help/2-1-1](http://unitedwayri.org/get-help/2-1-1)**

United Way 2-1-1 in Rhode Island is a 24/7 social and human services helpline that offers free and confidential referrals to programs and services throughout the state. .



## **Rhode Island Housing**

**Phone: (401) 457-1234 Web: [rihousing.com](http://rihousing.com)  
[info@rihousing.com](mailto:info@rihousing.com)**

RIHousing works to ensure that all people who live in Rhode Island can afford a healthy home that meets their needs. They offer information on affordable housing, homebuyer education, rental and mortgage assistance programs.



## **RI Coordinated Entry System**

**Phone: (401) 277-4316 Web: [www.cesri.info](http://www.cesri.info)**

If you are currently, or about to be facing homelessness, you can call, or chat with a coordinated entry agent who can assist you in finding a shelter or other accommodations.

# Utilities

## **LIHEAP (Low Income Home Energy Assistance Program) & Other Fuel and Weatherization Programs**

**Apply through Tri-County Community Action South**

**Phone (401) 515-2459 Web: [www.tricountyri.org/services/fuel-assistance-weatherization](http://www.tricountyri.org/services/fuel-assistance-weatherization)**

LIHEAP helps eligible low-income households pay their heating bills through federal grants to the household. Tri-County can also help qualified residents with grants for emergency boiler repairs, water assistance, and weatherization.

## **FCC Affordable Connectivity Program**

**Phone (877) 384-2575 Web: [www.affordableconnectivity.gov](http://www.affordableconnectivity.gov)**

The Affordable Connectivity Program (ACP) is a U.S. government program that helps many low-income households pay for broadband service and internet-connected devices like a tablet or laptop.



# Senior Services



**Charlestown Sr. Community Center**  
100 Park Lane Ninigret Park, Charlestown  
(401) 364-9955

[charlestownri.gov/senior\\_community\\_center](http://charlestownri.gov/senior_community_center)



**Hopkinton Senior Services**  
Crandall House, 188 Main St., Ashaway  
(401) 377-7795

[hopkintonri.org/senior-services](http://hopkintonri.org/senior-services)



**Richmond Senior Center**  
1168 Main St. 2nd Floor, Wyoming  
(401) 491-9404

[richmondri.com/176/Community-Senior-Center](http://richmondri.com/176/Community-Senior-Center)



**Westerly Senior Citizen Center**  
39 State Street, Westerly  
(401) 596-2404

[westerlyseniorcenter.org](http://westerlyseniorcenter.org)



**The Point, Rhode Island Office of Healthy Aging**  
(401) 462-4444 or call 211  
[oha.ri.gov/point](http://oha.ri.gov/point)

Connect with a specialist from the Office of Healthy Aging to explore options for healthcare, employment, and more. They can help with applying to public and private programs.



**Southern Rhode Island Volunteers**  
100 Park Lane, Charlestown (401) 552-7661  
[www.southernrivol.org](http://www.southernrivol.org)

Southern Rhode Island Volunteers' mission is to support and provide aging-in-place assistance, meaningful service opportunities, and activities that promote and enhance independent living for mature individuals including seniors, disabled adults, and anyone interested in volunteer service.



**PACE RI**  
5 Union Street, Westerly (401) 654-4176  
[www.pace-ri.org](http://www.pace-ri.org)

A nonprofit provider of health care and health insurance for people who are 55 and older with complex medical conditions who want to live at home. PACE specializes in assisting people age in place. Keeping participants at home and out of nursing homes. All our clinics also have a day center.



**Ramp up Rhode Island - a South County Habitat for Humanity Program**  
1555 Shannock Road, Charlestown (401) 213-6711  
[southcountyhabitat.org/programs](http://southcountyhabitat.org/programs)

Ramp Up RI is a new program through South County Habitat for Humanity for low income homeowners in Washington County in need of a handicap ramp for themselves or a household member. Staff and volunteers work together to build a ramp for those who qualify. Eligible projects are funded through grants and no-interest loans.

# Health & Wellness



**Ocean Community YMCA**  
[oceancommunityymca.org](http://oceancommunityymca.org)

**Arcadia Branch**  
1190 Main Street  
Wyoming, RI  
(401) 539-2306

**Westerly-Pawcatuck**  
95 High Street  
Westerly, RI  
(401) 596-2894

**Naik Family Branch**  
1 Harry Austin Drive  
Mystic, CT  
(860) 536-3575

The Ocean Community YMCA is a positive, supportive environment where you and your family can feel comfortable while pursuing the activities that interest you the most. Membership gives you access to all three branches.

**The YCares** financial assistance program, provides aid to those in need and ensures that no one is turned away for the inability to pay. YCares offers children, teens, adults and families the opportunity to benefit from Y programs and services that they otherwise could not afford.

## Parent Support

### **RI Department of Human Services - Office of Child Care**

[dhs.ri.gov/programs-and-services/child-care](http://dhs.ri.gov/programs-and-services/child-care)

Use the Office of Child Care website to find licensed child care, Head Start programs and the Child Care Assistance Program (CCAP.)

### **RIPIN - Rhode Island Parent Information Network**

300 Jefferson Boulevard, Suite 300 Warwick, RI,  
(401) 270-0101 [ripin.org](http://ripin.org)

RIPIN helps any Rhode Islander, from infants to seniors. They can help navigate special education and supports, specialized services for children and young adults with disabilities, healthcare and health insurance, training, support, and resources.

### **Parent Support Network - Hope Recovery Community Center**

55 Beach St #4, Westerly, RI 02891  
(401) 598-6400 [psnri.org](http://psnri.org)

PSN is a group of parents, family members, transition age youth, and adults with behavioral health lived experience who are committed to supporting and assisting peers and working with statewide and national partners to empower children, youth, families and individuals through dynamic supports, education, and advocacy.

# Veteran Support



**RI Department of Veterans Services**  
**(401) 921-2119** Web: [vets.ri.gov](http://vets.ri.gov)

The official state of Rhode Island department is dedicated to the men and women who have served in the US Armed Forces.



**US Department of Veterans Affairs**  
**24/7: 800-698-2411** Web: [va.gov](http://va.gov)

The federal department overseeing veterans benefits, health care and support.

## Veterans Crisis Line

**Dial 988 then Press 1** Send a text message: **838255**

Web: [veteranscrisisline.net](http://veteranscrisisline.net)



24/7, confidential crisis support for Veterans and their loved ones  
You don't have to be enrolled in VA benefits or health care to connect.

## Operation Stand Down Rhode Island

**(401) 383-4730** Web: [osdri.org](http://osdri.org)



Operation Stand Down is an independent 501(c)(3) non-profit organization and Rhode Island's primary nonprofit resource for homeless and at-risk veterans. Their mission is to strengthen the veteran community by providing crucial wrap-around services.



**Heroes Horizons, Hopkinton, RI**  
**401-377-2950** Web: [heroes-horizons.org](http://heroes-horizons.org)

Heroes Horizons was created to assist local veterans with day-to-day needs through hands-on volunteer programs and to raise awareness for veteran suicide. Other programs include utility assistance, legal help, and home repair



**Outdoors with Veterans**  
**316 A. Hog House Hill Rd. Exeter, RI 02822**  
**[outdoorswithveterans.com](http://outdoorswithveterans.com)**

Our mission is to provide therapeutic experiences for veterans, and that is why we provide various activities, with a special focus on the outdoors, for the veterans to connect with nature and have a positive experience.

# Public Libraries

**Library cards** are free to all Rhode Island residents and can be used at every public library in the state. In addition to traditional library materials, you can find free programs, free computers, wi-fi access and more. Each library has unique offerings and welcoming staff.



Cross Mills Public Library  
4417 Old Post Rd  
Charlestown  
(401) 364-6211  
[crossmills.org](http://crossmills.org)



Ashaway Free Library  
15 Knight St, Ashaway  
(401) 377-2770  
[ashawaylibrary.org](http://ashawaylibrary.org)



Clark Memorial Library  
7 Pinehurst Dr. Richmond  
(401) 364-6100  
[clarklib.org](http://clarklib.org)



Langworthy Public Library  
24 Spring St, Hope Valley  
(401) 539-2851  
[langworthylibrary.org](http://langworthylibrary.org)



Westerly Library  
& Wilcox Park  
71 High Street, Westerly  
(401) 596-2877  
[westerlylibrary.org](http://westerlylibrary.org)

# Recreation

**Town Recreation Departments** offer a variety of free and low-cost programs activities for residents of all ages.

Charlestown Parks and Rec Department  
[charlestownri.gov/parksandrec](http://charlestownri.gov/parksandrec)

Hopkinton Recreation Dept  
[hopkintonri.gov/recreation-department](http://hopkintonri.gov/recreation-department)

Richmond Recreation Dept  
[richmondri.com/166/Recreation](http://richmondri.com/166/Recreation)

Westerly Recreation Dept  
<https://westerlyri.gov/173/Recreation>

**Land trusts** are community-based organizations formed to protect scenic open spaces, farms, forests, historic sites, and watersheds that define the character of our communities, keep us healthy, protect wildlife habitat and drinking water supplies, and provide local food & beautiful places for recreation.

Charlestown Land Trust  
[charlestownlandtrust.org](http://charlestownlandtrust.org)

Richmond Rural Preservation  
Land Trust  
[richmondri.com/162/Richmond-Rural-Preservation-Land-Trust](http://richmondri.com/162/Richmond-Rural-Preservation-Land-Trust)

Hopkinton Land Trust  
[hlt-ri.org](http://hlt-ri.org)

Westerly Land Trust  
<https://westerlylandtrust.org/>

# Town Government



## Town of Charlestown

4540 South County Trail  
Charlestown RI 02813  
(401) 364-1200

<https://charlestownri.gov>



## Town of Hopkinton

1 Town House Road  
Hopkinton RI 02833  
(401) 377-7777

<https://www.hopkintonri.org>



## Town of Richmond

5 Richmond Townhouse Road  
Wyoming, RI 02898  
(401) 539-9000

<https://www.richmondri.com>



## Town of Westerly

45 Broad Street  
Westerly, RI 02891  
(401) 348-2500

<https://www.westerlyri.gov>

# Chariho Public Schools



## Chariho Regional School District

455A Switch Rd, Wood River Junction, RI 02894

(401) 364-7575

<https://www.chariho.k12.ri.us>

## Ashaway Elementary School

12A Hillside Ave, Ashaway, RI 02804

(401) 377-2211

[ashaway.chariho.k12.ri.us](http://ashaway.chariho.k12.ri.us)

## Hope Valley Elementary School

15 Thelma Dr, Hope Valley, RI 02832

(401) 539-2321

[hopevalley.chariho.k12.ri.us](http://hopevalley.chariho.k12.ri.us)

## Richmond Elementary School

190 Kingstown Rd, Richmond, RI 02898

(401) 539-2441

[richmond.chariho.k12.ri.us](http://richmond.chariho.k12.ri.us)

## Charlestown Elementary School

363 Carolina Back Rd, Charlestown, RI 02813

(401) 364-7716

[charlestown.chariho.k12.ri.us](http://charlestown.chariho.k12.ri.us)

## Chariho Middle School

455B Switch Rd, Wood River Junction, RI 02894

(401) 364-0651

[cms.chariho.k12.ri.us](http://cms.chariho.k12.ri.us)

## Chariho High School

453 Switch Rd, Wood River Junction, RI 02894

Phone 401-364-7778

[chs.chariho.k12.ri.us](http://chs.chariho.k12.ri.us)

## Chariho Alternative Learning Academy

455C Switch Rd, Wood River Junction, RI 02894

(401) 315-2880

[cala.chariho.k12.ri.us](http://cala.chariho.k12.ri.us)

## CHARIHotech - Career & Technical Center

459 Switch Rd, Wood River Junction, RI 02894

(401) 364-6869

[charihotech.chariho.k12.ri.us](http://charihotech.chariho.k12.ri.us)

# Westerly Public Schools



## Westerly School District

23 Highland Ave, Westerly, RI 02891

(401) 315-1500

[www.westerly.k12.ri.us](http://www.westerly.k12.ri.us)

### Babcock Hall Inclusionary Preschool

23 Highland Ave, Westerly, RI 02891

(401) 315-1521

[www.westerly.k12.ri.us/Domain/129](http://www.westerly.k12.ri.us/Domain/129)

### Dunns Corner Elementary School

8 1/2 Plateau Road, Westerly, RI 02891

(401) 348-2320

[www.westerly.k12.ri.us/Domain/212](http://www.westerly.k12.ri.us/Domain/212)

### Springbrook Elementary School

39 Springbrook Road, Westerly, RI 02891

(401) 348-2296

[www.westerly.k12.ri.us/Domain/424](http://www.westerly.k12.ri.us/Domain/424)

### State Street Elementary School

35 State Street, Westerly, RI 02891

(401) 348-2340

[www.westerly.k12.ri.us/Domain/645](http://www.westerly.k12.ri.us/Domain/645)

### Westerly Middle School

10 Sandy Hill Road, Westerly, RI 02891

(401) 315-1601

[www.westerly.k12.ri.us/Domain/884](http://www.westerly.k12.ri.us/Domain/884)

### Westerly High School

23 Ward Avenue, Westerly, RI 02891

(401) 315-1501

[www.westerly.k12.ri.us/Domain/1347](http://www.westerly.k12.ri.us/Domain/1347)



## The Greatest Eight

[thegreatest8.org](http://thegreatest8.org)

A team of professionals (and loving parents) designed The Greatest 8 to help you give children up to age 8 the key skills they need for a life of mental wellness.

Get a free text message each week to help you teach your child eight skills for a lifetime of mental wellness! The Greatest 8 delivers TIPS AND ACTIVITIES you can use to nurture your child's healthy emotions and behavior. Text GREATEST8 to (401) 297-3020

# Police, Fire & Rescue

In case of emergency  
dial 911



**Charlestown Police Department**  
4901 Old Post Road  
Charlestown, RI 02813  
Phone: 401-364-1212  
<http://www.charlestownpolice.org>



**Hopkinton Police Department**  
406 Woodville Road  
Hopkinton, RI 02833  
Phone: (401) 377-7750  
<https://www.hopkintonpolice.org>



**Richmond Police Department**  
1168 Main Street  
Wyoming, RI 02898  
(401) 539-8289  
<https://www.richmondpd.org>



**Westerly Police Department**  
60 Airport Rd  
Westerly, RI 02891  
Phone: (401) 539-2022  
[www.westerlyri.gov/Police](http://www.westerlyri.gov/Police)

**Ashaway Fire Department**  
(401) 377-4549  
<https://www.ashawayfire.org>

**Ashaway Ambulance**  
(401) 377-8312  
<https://www.ashawayambulance.com>

**Hope Valley - Wyoming Fire Department**  
(401) 539-2229  
<https://www.hvwfd.org>

**Hope Valley Ambulance**  
(401) 539-2839  
<https://www.hvamb.org>

**Richmond-Carolina Fire Department**  
(401) 364-3449  
<https://www.rcfd.org>

**Charlestown Ambulance Rescue Service**  
(401) 364-3742  
<https://www.charlestownrescue.org>

**Charlestown Fire District**  
Charlestown Richmond Station (401) 364-9909  
Cross Mills Station (401) 364-6511  
<https://www.charlestownfd.org>

**Westerly Ambulance Corps**  
401-596-2213  
<https://www.westerlyambulance.org/>

**Westerly Fire Department**  
401-596-0402  
<https://www.westerlyfire.com/>



# Animal Control



## Charlestown Animal Control

50 Sand Hill Road, Charlestown, RI 02813

(401) 364-1211

[charlestownri.gov/animalcontrol](http://charlestownri.gov/animalcontrol)



## Hopkinton Animal Control

Charles Niles Complex

395 Woodville Road, Hopkinton, RI 02833

(401) 377-7785

[hopkintonpolice.org](http://hopkintonpolice.org)



## Richmond Animal Control

51 Buttonwoods Road, Richmond, RI 02898

(401) 539-4236

[richmondri.com/145/Richmond-Animal-Control](http://richmondri.com/145/Richmond-Animal-Control)



## Westerly Animal Shelter

33 Larry Hirsch Ln, Westerly, RI 02891

(401) 584-7941

[westerlyri.gov/150/Animal-Shelter](http://westerlyri.gov/150/Animal-Shelter)

For assistance with a wild animal, please call the RI Dept of Environmental Management (DEM) (401) 222-3070



# Post Offices

Some of the smaller post offices have limited days/hours. Check [usps.com](http://usps.com) for schedules.

**HOPE VALLEY** 1027 Main St., Hope Valley, RI 02832

**ROCKVILLE** 332 Canonchet Rd, Rockville, RI 02873

**WYOMING** 1190 Main St., Wyoming, RI 02898

**HOPKINTON** 482 Main St., Hopkinton, RI 02833

**CAROLINA** 790 Alton Carolina Rd., Carolina, RI 02812

**WOOD RIVER JUNCTION** 446 Church St., Wood River Junction, RI 02894

**SHANNOCK** 196A Shannock Village Rd., Shannock, RI 02875

**BRADFORD** 416 Bradford Rd., Bradford, RI 02808

**ASHAWAY** 129 Main St., Ashaway, RI 02804

**WEST KINGSTON** 3484 Kingstown Rd., West Kingston, RI 02892

**CHARLESTOWN** 3970 Old Post Rd., Charlestown, RI 02813

**WESTERLY** 4 High Street, Westerly, RI 02891

**WESTERLY** 110 Tom Harvey Rd, Westerly, RI 02891



# General Assistance



## **UNITED WAY OF RHODE ISLAND 2-1-1**

**Phone: 211 Web: [unitedwayri.org/get-help/2-1-1](http://unitedwayri.org/get-help/2-1-1)**

211 is a free, confidential service where trained professionals can connect you with housing, food, affordable childcare, and much more. You can call or chat with staff or use their website to find the resources you need.



## **Tri-County Community Action**

**4350 S County Trail, Charlestown, RI 02813 (401) 351-2750**

**34 Pond Street, Westerly, RI 02891 (401) 351-2750**

**[tricityri.org](http://tricityri.org)**

Tri-County offers a broad range of social, health, education, job training, prevention, and other emergency and supportive services to community residents from birth throughout all life cycles. Apply for LIHEAP heating assistance, Head Start early learning programs and many more.



## **Jonnycake Center of Westerly**

**Phone: (401) 377-8069 Web: [jonnycake.org](http://jonnycake.org)**

**23 Industrial Dr, Westerly, RI 02891**

Jonnycake Center of Westerly provides services in cooperation with other agencies in our service area to assist people through crisis situations & work with each individual to find a path out of dependency toward self-sufficiency. Services include a food pantry, voucher referral to shop in their thrift store, and financial assistance program.



## **Neighbors Helping Neighbors**

**(401) 601-5621**

**[neighborshelpingneighborsri.org](http://neighborshelpingneighborsri.org)**

Neighbors Helping Neighbors Rhode Island (NHNRI) provides home repairs at no cost to low-income qualifying homeowners in South County, RI, enabling families to safely remain in their homes.

When a homeowner submits an application, our volunteers first determine eligibility for assistance and then evaluate the need to determine the best course of action. When repairs are required to be provided by a licensed contractor, our volunteer project managers become the single point of contact between the homeowner and the contractor who is paid directly by NHNRI.

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## Rhode Island Department of Human Services (DHS)

### HealthSource RI

**Health Coverage: 1-855-840-4774**

**Health and Human Services: 1-855-697-4347**

**<https://healthyrhode.ri.gov>** (Customer Portal)    **<https://dhs.ri.gov>** (State Website)



DHS works hand-in-hand with community partners and resources throughout our great State to deliver critical benefits, supports, and services to more than 300,000 families, adults, children, older adults, individuals with disabilities, and veterans every year. Apply for affordable health care Start here to apply for Child Care Assistance, SNAP, Cash Assistance, and health coverage for seniors and people with disabilities.

## Rhode Island Non-Emergency Transportation (MTM)

**1-855-330-9131 (TTY: 711)**

**[www.mtm-inc.net/rhode-island](http://www.mtm-inc.net/rhode-island)**

MTM is the state of Rhode Island's non-emergency medical transportation (NEMT) manager. We arrange rides for eligible Rhode Island residents as follows:

- Medicaid recipients can receive rides to appointments with Medicaid-covered healthcare providers if you have no other way to get there
- Non-Medicaid enrollees who qualify for the Elderly Transportation Program (ETP) can receive rides to medical services
- Participants in the Temporary Assistance for Needy Families (TANF) Program/RI Works can receive monthly bus passes to pursue employment opportunities

## Rhode Island Special Needs Emergency Registry

**401-222-5960 / RI Relay 711**

**[health.ri.gov/emergency/about/specialneedsregistry](http://health.ri.gov/emergency/about/specialneedsregistry)**

Enrolling in the Special Needs Emergency Registry lets police, fire, and other first responders in your community better prepare for and respond to your needs during a hurricane, storm, or other emergency.

Enrollment in the Registry does not guarantee assistance but allows first responders to appropriately plan for, prepare for, and respond to the community's needs.

Many people may need extra help during a time of emergency, including people who:

- Use life support systems such as oxygen, respirator, ventilator, dialysis, pacemaker, or who have chronic conditions and require treatment (e.g., diabetics requiring insulin);
- Have mobility needs and use a wheelchair, scooter, walker, cane, or other mobility device;
- Are visually impaired, blind, hard of hearing, or Deaf;
- Have speech, cognitive, developmental or behavioral health disabilities; or
- Use assistive animals or a prosthesis.

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